



IYENGAR YOGA **INSTITUTE** OF SAN FRANCISCO

IYISF REOPENING - Phase I

POLICIES & PROCEDURES

Vaccination Requirements

- To start, we are offering in-studio classes to **fully vaccinated** individuals only.
- All IYISF teachers and staff on-site are fully vaccinated.
- If you are not vaccinated, we have over 35+ classes online that are here to stay. We would love to have you join us on Zoom.
- **Proof of Vaccination is required**
 - Send us a photo of your vaccination card to info@iyisf.org ahead of class.
 - OR show your vaccination card at the front desk when you come to the studio
 - Staff will update your profile once you've shown your card and you will not need to show it again.

Personal Items and Props

- All students are required to bring their own mat and towel to class.
- You are welcome to bring any of your own props from home.
- Students must use sanitary wipes provided to clean IYISF props after each use.
- Pillowcases will be provided to cover bolsters or other props for a one-time use.
- Pillowcases will need to be removed after your class and thrown into laundry hampers provided

Safety in the Studio

- Class sizes will be limited to 14 people in the studio.
- Please keep a 6' physical distance between you and others.
- Pre-registration is required, **no drop-ins or walk-ins.**
- Due to the limited class sizes, our cancellation policy for in-studio classes has changed. You must cancel your reservation at least 12 hours before class or you will be charged for the class.
- Masks are optional in the studio, however masks must be worn in the common areas such as the lobby and bathroom. Disposable masks are available on site if you do not have one.



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- The studio side door will remain open during class to increase the fresh air in the studio. Please dress appropriately.
- HEPA-Silent air purifiers will be running in the studio during class.
- You will need to sign an updated waiver if you have not done so already online.
- Please limit your in-studio time before and after class but feel free to convene outside to talk with friends and teachers.
- If you are sick or have been exposed to someone who is ill, please do not come to the studio.
- We are going cashless! If you'd like to buy any merchandise at the studio, please bring a plastic way to pay.